

# SPRING OPEN HOUSE

May 21, 2011 - 10 a.m. to 4 p.m.

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**FREE EVENT - EVERYONE IS INVITED!**

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## Saturday, May 21 - 10 a.m. to 4 p.m.

- 10-11 a.m. Pony Rides for the kids
- 11:00 Holistic Horsemanship - Lynn Clifford
- 12 - 1 Pony Rides for the kids
- 1:00 p.m. Barefoot Hoof Trimming and Hoof Care - Basil Goulandris
- 2:00 Holistic Horsemanship - Lynn Clifford
- 3-4 Pony Rides for the kids

*Throughout the day:  
Meet the ESS horses, donkeys  
and pony.  
Meet the ESS instructors.  
Displays of ESS related horse  
art, photos, etc.*

### Basil Goulandris - Barefoot hoof trimming and care

- What a healthy hoof looks like internally and externally
- What keeps it healthy and why
- How a hoof slowly moves away from that natural state to a more and more unhealthy one and what causes this
- How to bring it back full circle to a state of health again
- Shoes and how they affect the hoof
- Boots, the different types, and their effect on the hoof.
- Diet, exercise and ground surfaces that help strengthen the foot

Demo trim on one of our horses, discussing the tools needed and how to care for them.



### Trainer and Coach, Lynn Clifford, MA, EAGALA II - Holistic Horsemanship



Lynn offers two complimentary services for the ultimate equestrian experience: The Ride of Your Life Coaching for Equestrians, and Classical Dressage training and instruction. Lynn is a third generation equestrian professional specializing in holistic education and growth for adults and horses. Her unique and comprehensive format is the translation of a lifetime of professional and personal equestrian experience, combined with over twenty years in the experiential education, personal growth and healing fields.

Both amateurs and professionals are invited to discover how Lynn's three principles - Engage, Embody, Evolve - can provide you and your horse with the ultimate education. All breeds and disciplines are sincerely welcome, including smaller, non-warm-blood breeds and backyard, bareback riders!

Lynn trains/instructs in the Santa Fe area, with travel by arrangement. Confidential coaching sessions available by phone or in person, with or without horse.

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## Equine Spirit Sanctuary

283 Cuchilla Road, Ranchos de Taos ~ [www.equinespiritsanctuary.org](http://www.equinespiritsanctuary.org)